15th SERBIAN CONGRESS ON DIABETES

With international participation

November 8-11, 2026
Crowne Plaza Hotel, Belgrade, Serbia

PROGRAM AT A GLANCE



УДС УДРУЖЕЊЕ ЗА ДИЈАБЕТЕС СРБИЈЕ

СРПСКО ЛЕКАРСКО ДРУШТВО 18 72

unite for diabetes

Sunday, 8.11.2026.				
Time	**Hall 1**	**Hall 2**	**Hall 3**	**Hall 4**
16.00-18.00	**REGISTRATION**			
18.00-18.30	**OPENING CEREMONY**			
18.30-19.30	**SYMPOSIUM 1** **Diabetes 2026 in a New Light** *Chairs: N.M. Lalić, A. Đukić, A. Jotić* **E. Standl (Germany)** Recent advances to minimize the hypoglycemia burden connected with T2D pharmacotherapy **A. Mitrakou (Greece)** Does CGM lead to greater detection of hypoglycemia? **Discussion**			
19.30-20.30	**Sponsored Symposium**			
20.30-21.30	**WELCOME COCKTAIL**			

Monday, 9.11.2026.				
Time	**Hall 1**	**Hall 2**	**Hall 3**	**Hall 4**
09.00-10.30	**SYMPOSIUM 2** **Type 1 Diabetes: Advances and Challenges in Pathogenesis, Diagnosis and Screening** *Chairs: A. Jotić, I. Marković* **I. Petrović** Pathogenesis of T1D: Translational Research in Focus **I. Marković** Transcriptional and Phenotypic Changes of Regulatory T Cells in T1D **N. Krako** Mitochondrial Control of Beta Cell Function and Plasticity in T1D **A. Jotić** The New ADA/EASD Consensus on the Management of T1D in Adults **T. Miličić** Population Screening for T1D: A Path to Changing the Course of the Disease **Discussion**	**SYMPOSIUM 3** **"Unwanted" Effects of GLP-1 RA: Where Myth Ends and Science Begins** *Chairs: S. Klobučar, M. Nikolić Đurović* **E. Muzurović (Montenegro)** GLP-1 RA and the Ocular Fundus **S. Vujošević (Montenegro)** GLP-1 RA and Sarcopenia **M. Žarković** GLP-1 RA and Exercise in Preserving Muscle Mass **S. Klobučar (Croatia)** The Effect of GLP-1 RA on Cancer and Longevity **M. Nikolić Đurović** GLP-1 RA and Bone **A. Milankov** GLP-1 RA and the Pancreas	**09.00-17.00** **Special Program** **The Nurse as Part of the Diabetes Team**	**11.00-13.00** **Special Program** **Towards World Diabetes Day** **Patients**

Monday, 9.11.2026.				
Time	**Hall 1**	**Hall 2**	**Hall 3**	**Hall 4**
10.30-11.30	**SYMPOSIUM 4** **Type 2 Diabetes: Guidelines in Focus** *Chairs: N.M. Lalić, A. Đukić* **Ch. Mathieu (Belgium)** New guidelines in T2D 2026 **N.M. Lalić** Early Combination Therapy in T2D: Considering Initial Treatment Strategies **N. Papanas (Greece)** A proposal for a new classification of diabetic polyneuropathy	**SYMPOSIUM 5** **Help from Our Cardiologist Friends: Highlights from ESC 2026** *Chairs: P. Seferović, K. Lalić* **G. Stanković** Artificial Intelligence in the Prediction and Prevention of Acute Coronary Syndrome **M. Polovina** New ESC Guidelines on the Definition of Myocardial Infarction **A. Ristić** New ESC Guidelines on Heart Failure **P. Seferović** Prevention of Heart Failure in Diabetes		
11.30-11.45	***Break***			
11.45-13.45	**Sponsored Symposia**			
13.45-14.15	***Lunch***			
14.15-17.15	**Sponsored Symposia**			
17.15-17.30	***Break***			

Monday, 9.11.2026.				
Time	**Hall 1**	**Hall 2**	**Hall 3**	**Hall 4**
17.30-19.00	**SYMPOSIUM 6** **New Technologies in Diabetes** *Chairs: S. Radenković, J. Petrović* **Đ. Popović** TIR and TITR: And/Or, and in Whom? **V. Ćirić** Continuous Glucose Monitoring in T1D: New Insights **S. Radenković** Continuous Glucose Monitoring in T2D: New Insights **B. Carić (Republika Srpska)** Continuous Ketone Monitoring: New Insights **M. Gojnić** Better Pregnancy Outcomes in T1D with the Use of Modern Technologies **Discussion**	**SYMPOSIUM 7** **Diabetes in Children** *Chairs: V. Zdravković, T. Miličić* **S. Stanković** Diabetic Ketoacidosis as the First Manifestation of Type 1 Diabetes: Trends and Incidence **I. Vorgučin** New Technologies in Diabetes Therapy: Between Better Glycemic Control and Quality of Life **Lj. Plavšić** Is the Type or the Amount of Food More Important in the Diet of Children with Diabetes? Dietary Controversies **V. Zdravković** Challenges and Barriers in the Transition of Adolescents with Diabetes **Discussion**	**SYMPOSIUM 8** **Introducing New Doctoral Theses in Diabetology (1)** *Chairs: N.M. Lalić, A. Đukić* **Ž. Ivošević** Metformin Beyond Glycemic Control: Effect on the Immunomodulatory Properties of MSCs **J. Zlatković** Body Weight Regulation Beyond Leptin and GLP-1: The Role of Mechanical Loading of the Skeleton **J. Stanarčić-Gajović** Association of Insulin Resistance and GLP-1 with the Manifestation of Depression in People with Type 2 Diabetes **M. Stoiljković** Gestational Diabetes: A Window into β-Cell Function after Pregnancy **M. Marinković** Impact of Chronic Low-Grade Inflammation on Platelet Count and Platelet Indices in Patients with Metabolic Syndrome **Discussion**	**SYMPOSIUM 9** **Oral Presentations 1** *Chairs: S. Polovina, M. Velojić Golubović* **Danijela Stanković** From Gestational to Autoimmune Diabetes: A Diagnostic Challenge in Autoimmune Polyglandular Syndrome Type 3 – A Case Report **Ivana Đurković** Unilateral Choreiform Movements as the First Manifestation of Newly Diagnosed Diabetes: A Case Report **Kristina Petrović** Convulsive Status Epilepticus as the Initial Manifestation of Hyperosmolar Hyperglycemic State in Untreated Type 2 Diabetes: A Case Report **Nataša Pevac** Assessment of Chronic Kidney Disease Progression in Patients with Type 2 Diabetes and Diabetic Nephropathy **Discussion**

Tuesday, 10.11.2026.				
Time	**Hall 1**	**Hall 2**	**Hall 3**	**Hall 4**
09.00-10.30	**SYMPOSIUM 10** **Pitfalls and Challenges in the Diagnosis of Insulin Resistance and Obesity** *Chairs: C. Serafinceanu, Lj. Lukić* **B. Saboo (India)** CGM in type 2 diabetes **C. Serafinceanu (Romania)** Insulin resistance-the missing link between obesity and cardiovascular disease **B. Itzhak (Israel)** Early detection of CRM in prediabetes and diabetes **A. Đukić** Diving Deeper into the OGTT: How to Detect Insulin Resistance **E. Stokić** New Parameters in the Diagnosis of Obesity	**SYMPOSIUM 11** **CRM Syndrome from Multiple Perspectives** *Chairs: S. Popović Pejičić, M. Pešić* **M. Rizzo (Italy)** Cardiometabolic Continuum: the consensus from Europe East and South **S. Popović Pejičić (Republika Srpska)** From a Glucocentric Approach to Cardiorenometabolic Protection: A New Paradigm in Diabetes Treatment **S. Vujović** Premature Ovarian Insufficiency and CRM Syndrome **M. Pešić** The Liver in CRM Syndrome **R. Naumović** The Kidney in CRM Syndrome	**SYMPOSIUM 12** **Introducing New Doctoral Theses in Diabetology (2)** *Chairs: K. Lalić, Z. Hajduković* **S. Singh Lukač** Genetic Profile of Familial Hypercholesterolemia: Frequency of Pathogenic Variants and Association with Clinical Phenotype **I. Rasulić** Residual Cardiovascular Risk in Patients with Familial Hypercholesterolemia: Beyond LDL-C **M. Manojlović** Adipose Tissue as an Endocrine Organ **A. Bulatović** Glycated Albumin and Cardiovascular Mortality in Patients with Diabetes Mellitus and Stage V Chronic Kidney Disease **A. Petakov** Predictors of Metabolic Complications of Acromegaly: Insulin Resistance in Focus **Discussion**	**SYMPOSIUM 13** **Chronic Complications of Diabetes: New Aspects** *Chairs: V. Dimitrijević Srećković, R. Kocić* **V. Soldat Stanković (Republika Srpska)** New Therapies for Chronic Kidney Disease in Type 1 Diabetes **R. Kocić** The Heart and the Kidney in Diabetes: A Dangerous Liaison **D. Marinković** The Role of T2D and Pro-inflammatory Parameters in the Development of Cardiomyopathy **S. Kavarić (Montenegro)** How Much Vitamin D Do People with Obesity Need? **A. Đogo (Montenegro)** Effect of Progesterone on Variations in Insulin Sensitivity **D. Gostiljac** Diabetic Foot
10.30-11.00	***Break***			
11.00-14.00	**Sponsored Symposia**			
14.00-15.00	***Lunch***			
15.00-18.00	**Sponsored Symposia**			

Tuesday, 10.11.2026.				
Time	**Hall 1**	**Hall 2**	**Hall 3**	**Hall 4**
18.00-19.00	**SYMPOSIUM 14** **Obesity from Multiple Angles** *Chairs: E. Stokić, M. Šumarac* **M. Šumarac Dumanović** Metabolically Healthy Obesity Is a Fact **S. Polovina** Metabolically Healthy Obesity Is a Fiction **D. Tomić Naglić** Inflammatory Memory of Adipose Tissue Macrophages: New Aspects **T. Beljić** E-consultations in Obesity and Diabetes	**SYMPOSIUM 15** **The Heart and Metabolic Disorders** *Chairs: M.A. Nedeljković, D. Lović* **M. A. Nedeljković** Left Atrial Appendage Occlusion – A Contemporary Strategy for Stroke Prevention in Atrial Fibrillation **D. Lović** EUROASPIRE VI: Messages from the New Results **G. Malešević (Republika Srpska)** Cardio-Reno-Metabolic Health of Women in Perimenopause: New Insights and Clinical Implications **Discussion**	**SYMPOSIUM 16** **Prediction of CV Risk in People with Diabetes and Prediabetes** *Chairs: B. Beleslin, S. Stanković* **S. Stanković** From Genome to Exposome: Biomarkers of a New Era in Diabetes **M. Marjanović** Biomarkers: Is There a Useful One for Predicting CV Risk in Diabetes? **B. Beleslin** Imaging Methods in the Prediction of CV Risk **M. Velojić Golubović** The Optimal Risk Calculator: PREVENT or SCORE Diabetes?	**SYMPOSIUM 17** **Oral Presentations 2** *Chairs: M. Maćešić, V. Ćirić* **Biljana Tomović** Prognostic Efficacy of Anthropometric Indices in Assessing the Severity of Metabolic Syndrome **Ivana Babić** Analysis of the Relationship between Insulin Resistance and Cardiometabolic Risk Factors in People with Type 1 Diabetes and Ketoacidosis **Maja Vladisavljević** The Heart and the Kidneys: Two Organs, One Story of Risk **Petar Gogić** Can the Estimated Glucose Disposal Rate Be a Useful Indicator in Patients with Metabolic Syndrome? **Maja Vladisavljević** Good Adherence: The Key to Success in the Prevention and Treatment of Chronic Diseases **Discussion**

Wednesday, 11.11.2026.				
Time	**Hall 1**	**Hall 2**	**Hall 3**	**Hall 4**
09.00-10.30	**SYMPOSIUM 18** **New Stars in the Therapeutic Constellation** *Chairs: D. Tomić Naglić, K. Lalić* **K. Lalić** siRNA in Hypercholesterolemia **Lj. Popović** siRNA in Hypertriglyceridemia **Lj. Lukić** siRNA in Hypertension and Inflammation **M. Maćešić** GLP-1 RA in Type 1 Diabetes: Yes or No? **Discussion**	**SYMPOSIUM 19** **Diabetes: A Multi-organ Disease?** *Chairs: S. Pekić Đurđević, Z. Gluvić* **S. Pekić Đurđević** Acquired Hypothalamic Obesity: From Hyperphagia to Diabetes **B. Nedeljković Beleslin** Thyroid Dysfunction and Diabetes: Pathophysiological Aspects and Clinical Significance **Z. Gluvić** Non-pharmacological and Pharmacological Approach in Patients with MASLD **S. Medenica (Montenegro)** The Endocrine-Metabolic Burden of Infertility in Obesity, Diabetes and Chronic Kidney Disease **D. Miljić** Impact of Inflammation on Bone Metabolism in Diabetes and Menopause **Discussion**		
10.30-11.00	***Break***			

Wednesday, 11.11.2026.				
Time	**Hall 1**	**Hall 2**	**Hall 3**	**Hall 4**
11.00-12.00	**SYMPOSIUM 20** **Oral Presentations 3** *Chairs: D. Tomić Naglić, Lj. Popović* **Ognjen Milanović** Association of Non-invasive Liver Fibrosis Scores with Renal Parameters in People with Type 2 Diabetes **Marko Šipčić** Early-Onset Type 2 Diabetes as an Independent Predictor of an Elevated Liver Fibrosis Index **Teodor Grbić** Non-invasive Liver Fibrosis and Steatosis Indices and Ocular Complications in People with Type 2 Diabetes **Marija Mitrović** Prevalence of Elevated Lp(a) Levels in a Population of Healthcare Workers **Đurđa Rafailović** The TG/HDL Ratio as a Marker of Insulin Resistance and an Indicator of Steatotic Liver in People with Type 2 Diabetes **Discussion**	**SYMPOSIUM 21** **Oral Presentations 4** *Chairs: D. Miljić, M. Marjanović* **Vanja Lelas** "Walking on a Knife's Edge" – Diagnosis and Treatment of Type 1 Diabetes in a Person with Autism Spectrum Disorder: A Case Report **Emilija Mihailović** Newly Diagnosed Diabetes Mellitus in a Patient with Von Hippel-Lindau Syndrome – A Diagnostic Challenge **Tatjana Mladenović** Frequency of Ultra-Processed Food Consumption and the Finnish Diabetes Risk Score (FINDRISC) **Milica Vujašević** Diabetes Distress in People with Type 1 Diabetes: Analysis of Clinical and Metabolic Parameters **Stefan Marić** Clinical Remission in Adults with Newly Diagnosed Type 1 Diabetes: Association with Clinical Characteristics at Disease Onset **Discussion**		
12.00-12.30	**CLOSING OF THE CONGRESS AND CLOSING REMARKS**			
12.30-13.00	***Lunch***			

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